

We offer the following Specialized Services services:

Aquatic Therapy

Optimize your strength, motion, and function with Aquatic Therapy.

Astym®

Boost your body's natural capacity for healing soft tissue degeneration, scarring, and fibrosis.

Balance and Falls Prevention

Taking proactive measures helps older adults remain independent.

Gait Analysis

Feedback from gait analysis will help you walk or run more efficiently.

Massage Therapy

Improved range of motion and increased tissue elasticity.

Myofascial Decompression

Helping in the treatment of wounds, skin grafts, and musculoskeletal pain and stiffness.

Orthotic Fabrication

Custom orthotics can limit abnormal motions, provide pressure relief, and support structural weaknesses.

Temporomandibular Joint Disorders

An IRG therapist will work with you to reduce jaw pain.

Vestibular Rehabilitation

Our Vestibular Rehabilitation program covers a variety of services for the specific needs of each patient.

Women's Health

A treatment plan using techniques to fit your unique needs.

Ergonomic Analysis

Minimize your risk of injury and maximize productivity at work.

Nutrition

It's all about a healthy you!

Pelvic Health

Chronic pelvic pain negatively impacts millions of people across the gender identity spectrum.

Instrument Assisted Soft Tissue Mobilization (IASTM)

Allow your body to heal faster from soft tissue disorders with this therapy technique.

IRG Brain Fit

Helping patients to reach their best selves following a stroke, concussion or traumatic brain injury.