

# We offer the following Specialized Services services:

## **Aquatic Therapy**

Optimize your strength, motion, and function with Aquatic Therapy.

## **Astym®**

Boost your body's natural capacity for healing soft tissue degeneration, scarring, and fibrosis.

## **Balance and Falls Prevention**

Taking proactive measures helps older adults remain independent.

## **Gait Analysis**

Feedback from gait analysis will help you walk or run more efficiently.

## **Massage Therapy**

Improved range of motion and increased tissue elasticity.

## **Men's Health**

Specific physical therapy helps men find relief from common issues.

## **Myofascial Decompression**

Helping in the treatment of wounds, skin grafts, and musculoskeletal pain and stiffness.

## **Orthotic Fabrication**

Custom orthotics can limit abnormal motions, provide pressure relief, and support structural weaknesses.

## **Temporomandibular Joint Disorders**

An IRG therapist will work with you to reduce jaw pain.

## **Vestibular Rehabilitation**

Our Vestibular Rehabilitation program covers a variety of services for the specific needs of each patient.

## **Women's Health**

A treatment plan using techniques to fit your unique needs.

## **Ergonomic Analysis**

Minimize your risk of injury and maximize productivity at work.