

# We offer the following Physical Therapy services:

## **Biomechanical Assessment**

Biomechanical assessment results help inform your comprehensive treatment plan.

## **Geriatric Rehab**

Live more independently with IR geriatric rehabilitation services.

## **Industrial and Occupational Rehabilitation**

IRG's industrial rehabilitation program is comprehensive.

## **Manual Therapy**

The art and science of one-on-one, hands-on interaction between therapist and patient.

## **McKenzie Method**

An established assessment and treatment method for a variety of musculoskeletal problems.

## **Pre and Post-Surgical Rehab**

IRG's Pre and Post-surgical Rehabilitation proactively increases strength and range of motion after surgery.

## **Spine Rehabilitation**

Our therapists work proactively on your spinal health needs with targeted rehabilitation.

## **Sports Injury Rehabilitation**

Condition your body to achieve optimal levels of performance.