

Hours

Monday: 7 a.m. to 5:30 p.m.

Tuesday: 7 a.m. to 5:30 p.m.

Wednesday: 7 a.m. to 5:30 p.m.

Thursday: 7 a.m. to 5:30 p.m.

Friday: 7 a.m. to 5 p.m.

Saturday: closed

Sunday: closed

South Sound Physical & Hand Therapy - Lacey

Lacey, Wash. is located in the natural paradise that is at the southern tip of the Puget Sound that features beautiful views of Mount Rainier. This city features five freshwater lakes; biking trails; hiking; and championship-level golf courses.

South Sound Physical & Hand Therapy - Lacey provides physical, hand and massage therapy services to its community and is conveniently located near the intersection of Yelm Highway and College Street. Our providers are dedicated to delivering exceptional patient care with individualized treatment plans that are tailored to each patient's specific condition and unique needs.

Wondering if you need a referral from your doctor to start treatment? **Washington is a direct-access state**, meaning that you can start physical therapy without one in-hand. Start your road to recovery, and let us handle the rest!

[SCHEDULE ONLINE NOW](#)

Our Staff

Dr. Zachary Hall

PT, DPT, COMT, Regional Director

Dr. Stephanie Sparks

PT, DPT, Clinic Director

Christa Huddleston

OTR/L, CHT, MS

Jennifer Hoeniges

OTR/L, CHT

Erica Bonte

OTR/L

Dr. Alec Kirk, PT

PT, DPT

Bonnie Vaniea, PTA, LMT

PTA, LMT

South Sound Physical & Hand Therapy - Lacey

5215 Corporate Center Ct. SE
Suite D
Lacey, WA 98503

P: 360.455.8155

F: 360.455.1655

Visit IRGPT.COM to learn more

Our Services

Physical Therapy

Geriatric Rehab Manual Therapy Pre and Post-Surgical Rehab Spine Rehabilitation Sports Injury Rehabilitation Trigger Point Release Injury Prevention

Hand Therapy

Desensitization/Sensory Re-education Hand/Upper Extremity Rehabilitation Scar Management Upper Extremity Orthosis Fabrication Wound Care Manual Hand Therapy Sports Hand Injury Rehabilitation Hand Kinesio Taping

Sports Performance

Kinesio Taping Return to high level athletics post-injury Comprehensive ACL injury management

Specialized Services

Astym® Balance and Falls Prevention Myofascial Decompression Orthotic Fabrication Vestibular Rehabilitation Instrument Assisted Soft Tissue Mobilization (IASTM) IRG Brain Fit

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