

Hours

Monday: 7 a.m. to 6 p.m.

Tuesday: 7 a.m. to 7 p.m.

Wednesday: 7 a.m. to 6 p.m.

Thursday: 7 a.m. to 6 p.m.

Friday: 8 a.m. to 7 p.m.

Saturday: closed

Sunday: closed

South Sound Physical & Hand Therapy - Downtown Olympia

The first South Sound clinic to open its doors, South Sound Physical & Hand Therapy – Downtown Olympia is committed to providing care to Thurston County and its surrounding communities. Our clinic is located across the street from the Olympia Farmers Market and the Dash bus stop. The Olympia area has a rich history and several unique local shops; walking trails; and of course, the Washington state capital building.

Wondering if you need a referral from your doctor to start treatment? **Washington is a direct-access state**, meaning that you can start physical therapy without one in-hand. Start your road to recovery, and let us handle the rest!

[SCHEDULE ONLINE NOW](#)

Our Staff

Katie Williams

PT, MPT, Astym Cert., Clinic Director

Kristi McConnell

OTR/L, MOT, Astym Cert.

Our Services

Physical Therapy

Manual Therapy Pre and Post-Surgical Rehab Spine Rehabilitation Sports Injury Rehabilitation

Hand Therapy

Hand/Upper Extremity Rehabilitation

Sports Performance

Kinesio Taping

Specialized Services

Astym® Temporomandibular Joint Disorders Vestibular Rehabilitation

South Sound Physical & Hand Therapy - Downtown Olympia

111 Market St. NE
Suite 108
Olympia, WA 98501

P: 360.754.7085

F: 360.754.3671

Visit IRGPT.COM to learn more

Workplace Services

Industrial and Occupational Rehabilitation

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Suite 108
Olympia, WA 98501

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F: 360.754.3671

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