

Hours

Monday - Friday: 7:00 A.M. – 6:30 P.M.

South Sound Physical & Hand Therapy - Downtown Olympia

South Sound Physical & Hand Therapy – Downtown was the very first South Sound clinic to open. Our downtown location is across the street from the Olympia Farmers Market and the DASH bus stop. Downtown Olympia has a rich history and several local unique shops, walking trails, and of course the Washington state capital building.

For over 10 years, South Sound Physical & Hand Therapy – Downtown, has been providing physical and hand therapy services to Thurston County and surrounding areas.

Our Staff

Lauren Cappella

PT, DPT

Gregory Szydlowski

OTR/L

Mark Vescial

PT, MPT, Clinic Director

Gretchen Schuetter

LMT

Our Services

Physical Therapy

Industrial and Occupational Rehabilitation Manual Therapy Pre and Post-Surgical Rehab Spine Rehabilitation Sports Injury Rehabilitation

Hand Therapy

Hand/Upper Extremity Rehabilitation Upper Extremity Orthosis Fabrication

Sports Performance

Kinesio Taping

Specialized Services

Astym® Massage Therapy

Workplace Services

Industrial and Occupational Rehabilitation

South Sound Physical & Hand Therapy - Downtown Olympia

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Visit IRGPT.COM to learn more