

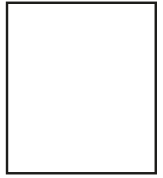


South Sound

Physical & Hand Therapy

SSPHT

360 Lilly Road NE Suite A
Olympia, WA 98506



ASTYM Health Program



This unique program is being directed by **Mike Teater, DPT** who is currently the **only** certified ASTYM (augmented soft tissue mobilization) provider in the Olympia area. Mike is the Clinic Director at South Sound Physical & Hand Therapy's East Olympia location on Lilly Road, diagonal from Providence St. Peter's Hospital campus. He received his

Doctorate in Physical Therapy from Pacific University and earned his advanced certification in ASTYM in 2008. This program is a tremendous option for patients with both acute and chronic soft tissue injuries. We offer early morning and late afternoon appointments to accommodate those with challenging schedules.

Visit our website

www.southsoundtherapy.com

The ASTYM Benefit

The ASTYM System is an advanced form of physical therapy that identifies and treats abnormalities within the soft tissue. Patients experiencing the following conditions respond well to our ASTYM treatment program:

- Trigger Finger
- Shoulder Pain
- Plantar Fasciitis
- Shin Splints
- Patellar Tendinitis
- IT Band Syndrome
- Lateral & Medical Epicondylitis
- DeQuervain's Tenosynovitis
- Achilles Tendinitis
- Trochanteric Bursitis
- Chronic Tendinopathies
- Post-Operative Scar Mgmt.

Directed by

Mike Teater, DPT

Offered at

East Olympia Clinic

360 Lilly Road NE Suite A

Olympia, WA 98506

(360) 486-0640

(360) 486-0641 Fax



Our Locations

Lacey

(360) 455-8155

(360) 455-1655 Fax

Tumwater

(360) 352-7352

(360) 352-7680 Fax

West Olympia

(360) 956-1100

(360) 956-1113 Fax

Downtown Olympia

(360) 754-7085

(360) 754-3671 Fax

East Olympia

(360) 486-0640

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